



## The role of LATs in the treatment of schizophrenia

**Barcelona Clínic Schizophrenia Unit (BCSU)**  
**Department of Psychiatry**  
**Hospital Clínic of Barcelona**  
**Barcelona**  
**10<sup>th</sup>-11<sup>th</sup> November 2022**

### LEARNING OBJECTIVES

Discuss the benefits of the long-term use of LATs (Long-acting therapies), including in different care contexts and interactions with other treatments, and the impact of LATs on schizophrenia dimensions (negative symptoms of schizophrenia and cognition), relapse prevention, quality of life and recovery.

Describe the advantages and how to overcome challenges of LATs in real world setting, and the impact on patients' autonomy and recovery, risk/benefit evaluation and patient, carer and physician preferences.

### TARGET AUDIENCE

Psychiatrists with experience in treating patients with schizophrenia and willing to gain/consolidate knowledge about the usage of LATs in clinical practice.

### AGENDA

#### Thursday 10<sup>th</sup> November

09.00–09.15	<b>Welcome and introductions</b>	Dr. Eduard Parellada
09.15- 10.15	<b>The global advantages of LATs in schizophrenia</b>	Dr. Eduard Parellada
10.15–11.00	<b>Hope and recovery in schizophrenia</b>	Dr. Miquel Bernardo
11.00–11.15	Coffee break	
11.15–12.15	<b>LATs: Clinical pharmacology and practical management</b>	Dr. Miquel Bioque
12.15- 13.00	<b>Real clinical cases</b>	Dr. Miquel Bioque
13.00–14.00	Lunch break	
14.00- 15.00	<b>Early intervention and the role of LATs in first episode psychosis</b>	Dr. Clemente Garcia
15.00–16.00	<b>Real clinical cases</b>	Dr. Clemente Garcia
16.00–16.15	Coffee Break	
16.15–17.00	<b>Q&amp;A and participants' feedback</b>	
17.00	Close of day 1	
20.00	Dinner	

## Friday 11<sup>th</sup> November

09.00–09.10	<b>Recap and introduction to day 2</b>	Dr. Eduard Parellada
09.10–10.10	<b>Psychosocial and pharmacological nurse Interventions</b>	Nurse Victoria Ruiz/ Nurse Lorena Shaw
10.10–11.10	<b>Augmentation strategies of clozapine with LATs in treatment-resistant schizophrenia</b>	Dr. Miquel Bioque
11.10–11.30	Coffee break	
11.30–12.30	<b>Evidence-based psychological interventions</b>	Dr. Rafael Penadés
12.30- 13.30	<b>The role of continuous treatment in reducing mortality and improving functionality and quality of life</b>	Dr. Eduard Parellada
13.30–13.45	<b>Key take-home messages and closing remarks</b>	Dr. Eduard Parellada
13.45–14.00	<b>Participants' feedback and attendance certificates</b>	
14.00	Close of Meeting	
14.15	Lunch	

### **\*SPEAKERS:**

*Dr. Eduard Parellada: Director of the Barcelona Clinic Schizophrenia Unit (BCSU) at the Hospital Clínic de Barcelona. Associate Professor of Psychiatry (University of Barcelona) and accredited as Professor by the official institution AQU Catalonia.*

*Dr. Miquel Bernardo: Founder and former Director of the Barcelona Clínic Schizophrenia Unit (BCSU) and Professor of Psychiatry at the Hospital Clínic de Barcelona (University of Barcelona).*

*Dr. Miquel Bioque: Responsible of the Acute Unit of Hospitalization at the Barcelona Clínic Schizophrenia Unit (BCSU) at the Hospital Clínic de Barcelona. Associate Professor of Psychiatry (University of Barcelona).*

*Dr. Clemente García: Responsible of the Early Onset Psychosis Outpatient Program of the Barcelona Clínic Schizophrenia Unit (BCSU) at the Hospital Clínic de Barcelona. Associate Professor of Psychiatry (University of Barcelona).*

*Nurse Victoria Ruiz: Nurse at the outpatient clinic of the Barcelona Clínic Schizophrenia Unit (BCSU) at the Hospital Clínic de Barcelona. Associate Professor of Nursing (University of Barcelona).*

*Nurse Lorena Shaw: Nurse at the inpatient unit at the Barcelona Clínic Schizophrenia Unit (BCSU) at the Hospital Clínic de Barcelona.*

*Dr. Rafael Penadés: Responsible of Psychological Interventions at the Barcelona Clínic Schizophrenia Unit (BCSU) at the Hospital Clínic de Barcelona. Professor of clinical neuropsychology (University of Barcelona).*